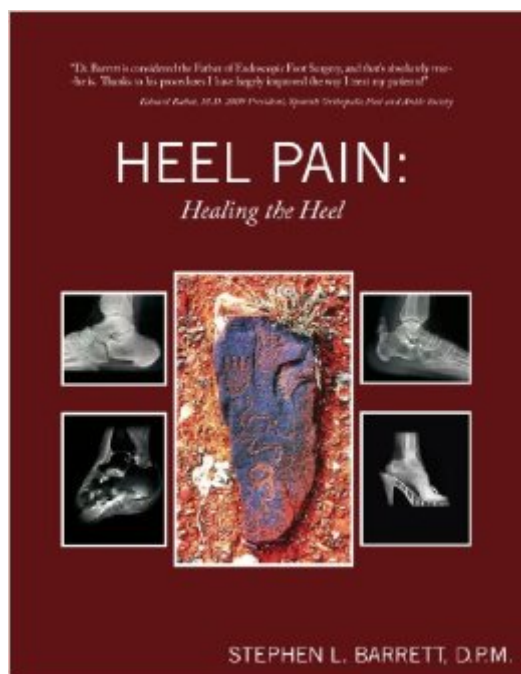


The book was found

# Heel Pain: Healing The Heel



## Synopsis

Written by one of the world's experts in heel pain, Dr. Stephen L. Barrett has shared more than two decades of his clinical, academic, and surgical knowledge for the patients with heel pain in this book. Heel Pain: Healing the Heel, is written in easy to understand language, with color photos and illustrations so that every person with heel pain can empower themselves for optimal treatment whether mild or severe. Dr. Barrett is considered the "Father of Endoscopic Foot Surgery", and has trained more than 5000 surgeons throughout the world in his patented minimally invasive surgical techniques. Since he introduced the EPF technique in 1990, more than 1 million of his procedures have been performed. This book is comprehensive and has chapters dealing with many different causes of heel pain, as well as many types of treatment. The newest technology for the treatment of heel pain is included in this book including the use of growth factors for the treatment of plantar fasciitis (fasciosis). Conservative, non surgical treatments are also well explained in this book. This book also explains the "hope" for those patients who have had previously failed heel surgery.

## Book Information

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Average Customer Review: 4.0 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

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## Customer Reviews

Whether you have been misdiagnosed by several Doctors or you just started to experience foot pain, this book by Dr. Barrett is a MUST read for you. The book contains many photo's & illustrations that enable a laymans understanding of what is really causing your pain. On page 80, Dr. Barrett outlines 10 questions you may want to ask your foot specialists. With the knowledge you obtain from the book you will feel confident to interview your prospective Doctor before blankly accepting his treatment plan. After reading the book, I felt that I'd walked back in time 10 years. In 2001, I had

endured over 2 years of cortisone injection by an orthopedic doctor, but I could barely walk. The damage was done, but after multiple surgeries by Dr. Barrett, "quality of life" is once again in my vocabulary. It is gratifying to learn of the expansion of Barrett Foot & Ankle Centers in Arizona & Texas. Over 5,000 doctors have been trained in the "Barrett technique."

THIS IS AN OUTSTANDING WELL WRITTEN BOOK ON "HEEL PROBLEMS" THE BOOK EXPLAINS IN LAYMAN'S TERMS WHAT, WHY AND WHERE IT HURTS. IF YOU HAVE EVER HAD ANY OF THESE MEDICAL PROBLEMS YOU CAN REALLY APPRECIATE SUCH A WONDERFUL SURGEON THAT HAS FOUND THE LEAST INVASIVE WAY TO HELP YOU. ALSO, TO KNOW WE STILL HAVE PEOPLE THAT ARE SO DRIVEN TO FIND NEW WAYS TO CURE OUR Aching FEET PROBLEMS. THE BOOK IS IN GOOD SIZE PRINT, EASY TO FOLLOW AND EXPLAINS THE PROCEDURES IN LANGUAGE THAT CAN BE EASILY UNDERSTOOD. THE AUTHOR OF THIS BOOK IS A VERY CARING INDIVIDUAL, HIGH INTELLECT AND HAS GREAT BED SIDE MANNER, WHICH MATTERS A LOT.

Too graphic! I'm not a doctor and don't care to see quite so much! I expected exercises and text, not a doctor's manual. My foot is better though, since I've been to a sports medicine doctor.

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